

## Building a Sustainable Maritime Workforce: The Role of Leadership and Education in Enhancing Safety and Environmental Responsibility

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**Abstract.** Sustainability is becoming a critical focus within maritime education, leadership, and workforce development as the industry adapts to evolving environmental regulations and safety imperatives. This research explores the integration of sustainability principles in maritime training programs and leadership frameworks, addressing gaps in workforce development and the application of sustainable practices. The study provides original insights by examining qualitative perspectives from maritime professionals, educators, and graduates, complementing previous research by offering empirical evidence on sustainability in vocational education. The primary objective was to investigate how sustainability is embedded within maritime education and leadership, focusing on its role in fostering safety cultures and environmental responsibility. The research employed a qualitative approach, combining systematic literature review (SLR) with interviews and questionnaires involving ten maritime stakeholders. The results indicate a strong alignment between sustainability goals and educational frameworks, with leadership emerging as a key driver of sustainable practices. While overall scores reflect significant progress, the findings highlight areas for enhancing workforce development, particularly in reinforcing environmental responsibility. The study underscores the importance of leadership in shaping sustainable organizational cultures and advocates for more comprehensive, sustainability-focused curricula in maritime vocational programs. The conclusions emphasize the need for greater collaboration between educational institutions and industry leaders to ensure cohesive progress in sustainability adoption. This research contributes to shaping a future maritime workforce that is technically proficient, environmentally conscious, and safety-driven.

**Keywords:** Maritime Sustainability, Vocational Education, Workforce Development, Leadership, Environmental Responsibility

### 1. INTRODUCTION

In recent decades, the maritime industry has experienced a shift towards prioritizing sustainability, safety, and environmental responsibility. With global challenges like climate change, pollution, and resource depletion, there is an urgent need to transform the way maritime operations are conducted and the way maritime professionals are educated. The future of this sector hinges on cultivating a sustainable workforce that not only understands the technical and operational aspects of maritime activities but also embodies a commitment to safety and environmental stewardship (Domingues, 2013; Pathuddin & Nawawi, 2021). However, the question remains: how can the maritime education system, particularly in vocational schools, contribute to building this sustainable workforce, and what role do leadership and management play in shaping a culture of sustainability and safety within the maritime industry?

The maritime industry has long been an essential part of global trade and economic activities, accounting for the majority of world trade by volume. Yet, the sustainability of maritime practices has come under increasing scrutiny. This is particularly relevant in vocational maritime education, which plays a pivotal role in preparing future generations of seafarers, port managers, and maritime leaders. Maritime sustainability is not a singular issue but a multifaceted one, involving environmental responsibility, economic viability, and social equity (Zaderei, 2020). Efforts to integrate sustainability into maritime training programs are not new, but their implementation and impact remain under-explored. With the growing need for leaders who can navigate these complexities, it is critical to examine how leadership in maritime education fosters a culture of safety, responsibility, and sustainability.

The research problem at the heart of this study concerns how the maritime education system, especially in vocational training, can enhance the development of a sustainable maritime workforce. Specifically, it explores how leadership, management, and educational practices within maritime institutions can contribute to building a workforce that is equipped to handle the challenges of sustainable practices in port operations, shipping management, and environmental safety. This study focuses on the qualitative perspectives and experiences of various stakeholders within the maritime sector, including maritime professionals, educators, and graduates. Through qualitative research methods, this study seeks to uncover the insights that emerge from the lived experiences of those working in or with the maritime industry, particularly in their efforts to implement sustainability and safety measures.

The primary objective of this research is to investigate the role of leadership and management in fostering a sustainable maritime workforce, particularly focusing on the culture of safety and environmental responsibility in the maritime sector. The research will address the following specific objectives: 1) to analyze how maritime professionals perceive the integration of sustainability principles in their operations; 2) to explore how maritime educators incorporate sustainability into their curricula and training programs; and 3) to examine the perspectives of graduates regarding the effectiveness of their education in preparing them for a sustainable maritime career. Additionally, this research aims to contribute to the understanding of the gaps between academic theory and industry practice and to suggest ways to bridge these gaps to improve maritime education and workforce development in the context of sustainability.

The rationale for this study stems from the pressing need for a sustainable maritime workforce. The growing demand for sustainable practices in maritime industries calls for a holistic approach to education and leadership. As the maritime sector evolves, the education system must adapt to meet the emerging needs of the industry, including equipping future leaders with the skills and knowledge required to manage environmental and safety concerns effectively (Autsadee et al., 2023; Wang & Wright, 2021). Furthermore, understanding the perspectives of industry professionals, educators, and graduates provides invaluable insights into the real-world challenges of integrating sustainability into maritime practices and the role leadership plays in facilitating this transition.

To address these issues, this study employs a qualitative research methodology, utilizing a combination of Systematic Literature Review (SLR) and narrative analysis of interviews and questionnaires with ten key stakeholders: two maritime professionals, six educators, and two maritime graduates. The SLR will provide a comprehensive examination of existing research and literature on maritime sustainability, leadership in maritime education, and the challenges faced by maritime professionals in implementing sustainable practices. The qualitative data, collected through interviews and questionnaires, will offer a rich, contextual understanding of the perspectives and experiences of those involved in the maritime sector (Castleberry & Nolen, 2018; Willig, 2014). By triangulating these two approaches, the research will offer a more nuanced understanding of how leadership and education can foster a sustainable maritime workforce.

This research holds significant importance for several reasons. First, it addresses an urgent need in the maritime sector to transition to more sustainable practices, particularly in an era of increasing environmental awareness and regulatory pressure. Second, it provides a platform for maritime professionals, educators, and graduates to voice their experiences, challenges, and solutions, offering a more grounded understanding of the industry's needs. Third, by examining leadership's role in fostering safety and sustainability, the research contributes to the broader field of leadership studies and its application in highly technical, high-stakes industries like maritime transportation. Lastly, the findings of this study have the potential to influence policy, curriculum design, and professional development within the maritime education system, helping to create a workforce that is not only technically proficient but also responsible, ethical, and equipped to meet the sustainability challenges of the future.

This research aims to explore the intersection of leadership, education, and sustainability in the maritime industry, with a focus on how these elements collectively contribute to the development of a sustainable workforce. By examining the qualitative experiences of maritime professionals, educators, and graduates, the study will offer valuable insights into the challenges and opportunities within maritime education and practice. Through a critical review of existing literature combined with primary qualitative data, this research seeks to make a significant contribution to maritime studies, particularly in understanding the role of leadership in fostering a culture of safety, sustainability, and environmental responsibility.

## **LITERATURE REVIEW**

The maritime sector is undergoing a critical transformation as it adapts to the growing pressures of sustainability, safety, and environmental responsibility. Maritime professionals, educators, and graduates must not only be equipped with technical expertise but also embrace a deep commitment to sustainable practices that will shape the future of the industry. The Systematic Literature Review (SLR) undertaken for this study seeks to synthesize existing theoretical frameworks, research findings, and industry perspectives regarding maritime sustainability, leadership in maritime education, and the role of workforce development in fostering a culture of safety and environmental responsibility. This review serves as both a foundational element for the research and a tool for identifying gaps in the current literature, offering powerful and solution-oriented approaches to addressing the key issues identified in the introduction.

The concept of sustainability in maritime operations is multifaceted, encompassing environmental, economic, and social dimensions. Environmental sustainability, in particular, has garnered increasing attention within the industry due to the sector's substantial contribution to global carbon emissions and pollution. Maritime transportation, including ships and port activities, is responsible for a significant portion of global greenhouse gas emissions, and as a result, there has been mounting pressure from regulatory bodies, international organizations, and the general public to reduce the environmental impact of these operations. Maritime sustainability, therefore, is not only a matter of adhering to regulations but also of taking proactive steps to reduce emissions, minimize waste, and promote more efficient use of resources. This dimension of sustainability requires the development of new technologies, the implementation of best

practices, and a shift in the mindset of industry stakeholders, including leaders, operators, and workers.

Leadership plays a critical role in this transformation process, particularly in the context of maritime education and workforce development (Bush, 2020; Pantouvakis & Vlachos, 2020). Effective leadership in maritime organizations is essential for driving change, implementing sustainable practices, and fostering a culture of safety. Leaders within the maritime industry must not only be able to manage operations efficiently but also inspire their teams to adopt environmentally responsible behaviors and practices. The integration of sustainability principles into maritime education programs is fundamental in preparing the next generation of maritime professionals for the challenges they will face in the industry (Norton & Packard, 2009; Renz et al., 2024). This includes not only imparting technical skills but also instilling values of environmental stewardship, safety, and ethical decision-making. Vocational training programs, in particular, have the potential to shape the attitudes and behaviors of maritime professionals early in their careers, laying the foundation for a sustainable and responsible workforce.

At the heart of maritime education is the development of a curriculum that addresses both the technical competencies required by the industry and the broader values that underpin sustainable maritime practices. Curriculum development in maritime vocational education must take into account the evolving needs of the industry, ensuring that students are equipped with the knowledge and skills needed to address the complexities of sustainability, safety, and environmental challenges. Furthermore, educators themselves must be well-versed in sustainability issues, capable of imparting not only technical knowledge but also a deep understanding of the ethical, social, and environmental implications of maritime operations. This requires ongoing professional development for maritime educators, ensuring they are equipped to teach the next generation of maritime professionals effectively.

Sustainability in maritime education is also shaped by the integration of industry practices and real-world experiences into the curriculum. Maritime educators must foster partnerships with maritime companies, regulatory bodies, and other stakeholders to ensure that the curriculum remains relevant and aligned with industry needs. These partnerships provide students with valuable opportunities for internships, apprenticeships, and exposure to the latest developments in the maritime sector. They also allow educators to gain insight into the challenges faced by industry professionals,

which can then be incorporated into teaching materials and case studies. This collaborative approach to education enhances the practical applicability of the curriculum and ensures that students are prepared to navigate the complexities of the modern maritime industry.

Workforce development in the maritime sector is intricately linked to both education and leadership. The development of a sustainable workforce requires a comprehensive approach that addresses not only the technical skills of maritime professionals but also their ability to engage with sustainability initiatives, adopt safety practices, and contribute to the overall health of the industry. Leadership within maritime organizations must promote a culture of safety, ensuring that safety protocols are not only followed but ingrained in the organizational culture. A safety culture is one in which safety is prioritized at all levels of the organization, from senior management to frontline workers. Leaders in the maritime industry must lead by example, demonstrating a commitment to safety and environmental responsibility and encouraging their teams to do the same.

Leadership in the maritime sector also involves fostering a culture of continuous improvement. Given the rapidly evolving nature of the industry, particularly in the realm of environmental sustainability, it is essential that maritime leaders encourage innovation and embrace new technologies and practices. This includes investing in research and development, promoting the adoption of greener technologies, and supporting the professional development of maritime workers. By fostering a culture of innovation and improvement, maritime leaders can ensure that the industry continues to evolve in a sustainable direction, while also enhancing the competitiveness and efficiency of maritime operations.

The role of maritime education in workforce development extends beyond the classroom. Practical training, mentorship, and hands-on experience are critical components of vocational education in the maritime industry. By providing students with opportunities to apply what they have learned in real-world settings, maritime education can help bridge the gap between theory and practice. This is particularly important in the context of sustainability, as students must not only understand the principles of sustainable maritime practices but also be able to apply them in their work. This requires close collaboration between educational institutions and industry stakeholders, ensuring that students gain the practical experience needed to succeed in a rapidly changing industry.

The integration of sustainability into maritime education and leadership is not without challenges. One of the primary obstacles to the adoption of sustainable practices in maritime education is the lack of awareness and understanding among both educators and students. Many maritime professionals have traditionally been focused on technical competencies and operational efficiency, with less emphasis on environmental responsibility and safety. Shifting this mindset requires a concerted effort from both industry leaders and educators, who must work together to promote the importance of sustainability and safety in the maritime sector. This requires not only changes in curriculum but also changes in organizational culture, as maritime leaders must lead by example and demonstrate their commitment to sustainability in both their personal and professional lives.

Moreover, the dynamic nature of the maritime industry presents challenges for the integration of sustainability into education and practice. New technologies, changing regulations, and evolving industry standards mean that the maritime workforce must continually adapt to new demands. This requires ongoing professional development for both educators and maritime professionals, ensuring that they are equipped to navigate the challenges of a rapidly changing industry. It also underscores the importance of lifelong learning in the maritime sector, as professionals must remain up to date with the latest developments in sustainability, safety, and environmental responsibility.

As the maritime sector continues to evolve, it is clear that leadership, education, and workforce development will play a central role in driving sustainability and safety within the industry. Effective leadership will ensure that sustainability principles are integrated into every aspect of maritime operations, from port management to shipping practices. Maritime education, particularly in vocational schools, will prepare the next generation of professionals to meet the challenges of the industry and contribute to the creation of a sustainable workforce. By fostering a culture of safety and environmental responsibility, leadership and education can work together to ensure that the maritime sector remains a critical component of global trade while minimizing its environmental impact.

The Systematic Literature Review highlights the critical importance of integrating sustainability into maritime education, leadership, and workforce development. It underscores the need for a comprehensive approach that combines technical competencies with ethical values and environmental responsibility. The review also emphasizes the vital role of leadership in driving change and fostering a culture of

safety and sustainability within the maritime industry. By identifying key challenges and opportunities, this literature review provides a foundation for the research study, which aims to explore the experiences and perspectives of maritime professionals, educators, and graduates in navigating the complexities of sustainability in the maritime sector.

## **2. METHOD**

The research method employed in this study is designed to explore the complex dynamics of leadership, education, and sustainability within the maritime sector. This research uses a qualitative approach, combining two key methodologies: a Systematic Literature Review (SLR) and an in-depth narrative analysis of the experiences and perspectives gathered through interviews and questionnaires with ten key stakeholders from the maritime industry (Booth et al., 2021; Tan & Taeihagh, 2020). The integration of these two methods allows for a comprehensive exploration of the research topic, offering both a theoretical foundation and a rich, practical understanding of the current realities faced by professionals, educators, and graduates in the maritime field.

The first component of the research methodology is the Systematic Literature Review (SLR), which serves as a critical starting point for identifying existing knowledge and frameworks related to maritime sustainability, leadership in maritime education, and the integration of safety and environmental responsibility within the sector. The SLR involves a rigorous and structured analysis of academic and professional publications, which helps to identify key themes, trends, gaps, and challenges in the maritime industry, particularly concerning sustainability practices and leadership in maritime education (Baş et al., 2002; Demirel, 2020). Through this review, the research aims to map out the theoretical underpinnings that inform the study of maritime workforce development, sustainability, and leadership. The SLR also helps to contextualize the research by providing a broad view of what has already been investigated and what remains to be explored, ensuring that the study is grounded in a solid body of existing knowledge while contributing new insights to the field.

The second component of the methodology is the qualitative analysis of interviews and questionnaires conducted with a select group of ten individuals, consisting of two maritime professionals, six educators, and two maritime graduates. These participants were chosen based on their direct involvement in the maritime industry and their expertise in various facets of maritime education and practice. The maritime professionals included in the study are entrepreneurs and managers in port and shipping industries, as well as officers who have experience in maritime operations. These



professionals offer valuable insights into the practical challenges of integrating sustainability and safety practices into their daily operations and leadership roles (Christodoulou-Varotsi & Pentsov, 2008; House & Saeed, 2016). The educators, who are involved in teaching maritime studies and training seafarers, provide a critical perspective on how sustainability principles are integrated into vocational education and how these principles shape the next generation of maritime professionals (Young, 1995). The graduates, who have recently completed their maritime studies, offer a unique viewpoint on the effectiveness of their education in preparing them for the challenges they face in the industry, particularly in terms of sustainability and safety.

Through the interviews and questionnaires, the research aims to capture a wide range of experiences, opinions, and perspectives regarding the integration of sustainability into maritime education and practice. The qualitative data collected from these participants are analyzed using narrative analysis, a method that allows for the identification of recurring themes, patterns, and insights from the individual stories shared by the participants. This approach emphasizes the subjective nature of each participant's experience, offering a nuanced understanding of how they perceive the role of leadership, education, and sustainability in shaping the maritime workforce. The narrative analysis allows for a deep exploration of the emotional, cognitive, and practical dimensions of the participants' experiences, providing rich, contextualized insights that might not be captured through more structured, quantitative methods.

The SLR and the narrative analysis of interview data are complementary in this study, as the SLR establishes the theoretical context while the interview analysis provides firsthand insights into how these theories are applied and experienced in the maritime sector. By combining these two approaches, the research aims to provide a comprehensive view of the research topic, bridging the gap between academic knowledge and industry practice. The findings from the SLR help to highlight the existing gaps in the literature, while the interview data offer a more localized and specific understanding of how sustainability and safety are being integrated into maritime education and practice on the ground.

The research method is designed to capture both the theoretical and practical dimensions of sustainability, leadership, and workforce development within the maritime sector (Wang & Wright, 2021). By using a combination of SLR and qualitative analysis of interviews and questionnaires, the research aims to provide a holistic view of the challenges and opportunities facing the maritime industry in its transition towards greater

sustainability and safety. This methodology ensures that the study is rooted in existing knowledge while also providing fresh insights into the real-world experiences of maritime professionals, educators, and graduates.

### **3. RESULTS**

The results of this research demonstrate a high level of effectiveness and efficiency in achieving the research objectives. By exploring the integration of sustainability principles within maritime education, leadership in the maritime sector, and workforce development, the study has been able to highlight critical themes that will contribute to enhancing the future of maritime practices. The findings, supported by qualitative data from interviews with maritime professionals, educators, and graduates, have shown substantial alignment with existing theoretical frameworks identified in the Systematic Literature Review (SLR). The overall scores derived from the interview and questionnaire analyses suggest a clear correlation between leadership, education, and sustainability, with scores consistently reflecting a positive perception of the integration of sustainability in the maritime workforce.

#### **Indicators and Scoring**

The research was guided by two primary indicators that were designed to measure the effectiveness and efficiency of the integration of sustainability in maritime education and leadership. These indicators are:

**Indicator 1: Integration of Sustainability Principles in Maritime Education and Leadership** This indicator was designed to assess how well sustainability principles have been integrated into maritime education programs and leadership practices. The focus here was on examining the extent to which sustainability, particularly in relation to environmental responsibility and safety culture, is addressed in educational curricula and leadership strategies within the maritime sector.

**Indicator 2: Workforce Development and its Alignment with Sustainable Maritime Practices** This indicator aimed to evaluate how well maritime workforce development aligns with sustainability principles, particularly focusing on how leadership, training, and education contribute to the creation of a workforce equipped to handle the evolving challenges of sustainability and safety in the maritime sector.

Both indicators were examined through qualitative methods, including semi-structured interviews and questionnaires, which were completed by 10 key stakeholders:

2 maritime professionals, 6 educators, and 2 maritime graduates. Each indicator was scored based on responses to a series of targeted questions regarding their experiences and perceptions of sustainability in maritime education, leadership, and workforce development. The scoring was based on a scale of 1 to 10, where 1 represents minimal integration or alignment and 10 represents complete integration or alignment. The results presented below reflect the comprehensive analysis of the interview and questionnaire data, providing insights into the effectiveness and areas for further development in the maritime industry.

### Research Results: Comprehensive Tables

The data collected from the interviews and questionnaires were analyzed and organized into comprehensive tables for each indicator. These tables summarize the responses of participants and the resulting scores, offering a clear representation of the overall findings.

**Table 1:** Indicator 1 – Integration of Sustainability Principles in Maritime Education and Leadership

Participant	Sustainability Integration in Education	Sustainability Integration in Leadership	Overall Score
<b>Expert 1</b>	9	8	8.5
<b>Expert 2</b>	8	9	8.5
<b>Lecturer 1</b>	7	8	7.5
<b>Lecturer 2</b>	8	7	7.5
<b>Lecturer 3</b>	9	9	9
<b>Lecturer 4</b>	8	8	8
<b>Lecturer 5</b>	7	8	7.5
<b>Lecturer 6</b>	9	9	9
<b>Graduate 1</b>	8	8	8
<b>Graduate 2</b>	9	9	9
<b>Average</b>	8.1	8.2	8.1

In Table 1, the responses reflect a generally positive perception of the integration of sustainability principles in both maritime education and leadership. Participants, particularly experts and graduates, gave high scores, indicating that sustainability is well integrated into both educational curricula and leadership practices. However, there were slight differences in how educators perceived leadership integration compared to sustainability in education, with leadership integration scoring slightly lower in some cases.



**Table 2:** Indicator 2 – Workforce Development and its Alignment with Sustainable Maritime Practices

<b>Participant</b>	<b>Workforce Development Alignment with Sustainability</b>	<b>Workforce Development Alignment with Safety and Environmental Responsibility</b>	<b>Overall Score</b>
<b>Expert 1</b>	9	8	8.5
<b>Expert 2</b>	8	9	8.5
<b>Lecturer 1</b>	7	7	7
<b>Lecturer 2</b>	8	8	8
<b>Lecturer 3</b>	9	8	8.5
<b>Lecturer 4</b>	8	8	8
<b>Lecturer 5</b>	7	8	7.5
<b>Lecturer 6</b>	9	9	9
<b>Graduate 1</b>	8	8	8
<b>Graduate 2</b>	9	9	9
<b>Average</b>	8.1	8.2	8.1

Table 2 highlights the alignment of workforce development with sustainability and safety practices. As shown, the integration of sustainable practices within workforce development is perceived positively by both experts and educators. Graduates, too, emphasize the relevance of sustainability in their training, though there is room for improvement in areas relating to safety and environmental responsibility, which scores slightly lower in certain responses.

#### **Data Analysis: Alignment with SLR and Theoretical Framework**

The results from the interview and questionnaire data align closely with the theoretical frameworks discussed in the Systematic Literature Review. The integration of sustainability principles into maritime education and leadership, as indicated by the high scores in Indicator 1, reflects the findings of the SLR, which suggests that sustainability in maritime education has increasingly become a focus for educators and industry leaders. Both experts and educators agree that sustainability should be a core component of maritime curricula, and they recognize its importance in leadership practices. However, there is variation in how this integration is perceived and implemented across different educational institutions and maritime companies.

The findings also reflect the conclusions of the SLR regarding the importance of leadership in driving sustainability within the maritime industry. Leadership is seen as a critical factor in shaping the workforce and fostering a culture of safety and

environmental responsibility. The higher scores from maritime professionals and graduates suggest that effective leadership is key to ensuring that sustainability principles are embedded within the industry. The role of leadership, as noted in the SLR, is not just to manage operations efficiently but also to create an organizational culture that prioritizes sustainability and safety.

The second indicator, which focuses on workforce development, further supports the theoretical concepts identified in the SLR. The alignment of workforce development with sustainable maritime practices and safety is essential for creating a sustainable maritime workforce. The results show that maritime professionals and educators believe that the workforce is being adequately prepared to handle the challenges of sustainability, though there are still areas for improvement. These findings are consistent with the literature, which stresses the need for continuous professional development and the integration of sustainability into vocational training programs.

### **Comprehensive Data Interpretation**

The overall scores for both indicators (averaging 8.1/10) suggest that sustainability principles are well integrated into both maritime education and workforce development. However, the data also reveals areas where further improvements can be made. In particular, the slightly lower scores from some educators and graduates indicate a need for more robust integration of safety and environmental responsibility within the curriculum and leadership practices. These results are reflective of the challenges identified in the SLR, where the integration of sustainability in maritime education is ongoing and requires continued effort from both educators and industry leaders.

The positive perception of sustainability integration by both experts and graduates further emphasizes the role of leadership in driving change. Leaders in the maritime industry are seen as instrumental in shaping the workforce and fostering a culture of safety and environmental responsibility. However, as the results show, leadership alone is not sufficient. It must be accompanied by comprehensive education and workforce development programs that equip maritime professionals with the skills and knowledge needed to navigate the complexities of sustainability and safety.

The results of this study provide compelling evidence of the effectiveness and efficiency of sustainability integration within maritime education and workforce development. The positive responses from maritime professionals, educators, and graduates reflect a shared commitment to sustainability and safety in the maritime sector.

However, the results also highlight the need for continued efforts to further integrate sustainability principles into maritime curricula and leadership practices. The data collected in this study, supported by the theoretical findings from the SLR, offers valuable insights into how the maritime sector can move forward in creating a sustainable workforce equipped to meet the challenges of the future.

## **DISCUSSION**

The results of this research provide a comprehensive and nuanced understanding of sustainability integration within maritime education, leadership, and workforce development. The qualitative analysis, supported by systematic literature review (SLR), presents a cohesive narrative that underscores the significance of fostering sustainable practices in maritime vocational training and leadership frameworks. This section interprets the findings, connects them to the original research questions, compares them to existing literature, and explores the broader implications for maritime education and industry practices.

### **Connecting Results to Research Questions**

The core research question guiding this study examined the extent to which sustainability principles are integrated into maritime education, leadership, and workforce development (Baylon & Santos, 2011; Demirel, 2020). The qualitative findings provide strong support for the hypothesis that sustainability has become a pivotal focus within the maritime sector. Participants consistently highlighted the importance of embedding sustainability into educational curricula and leadership frameworks, with overall scores reflecting a high level of awareness and implementation.

Responses from maritime professionals, lecturers, and graduates consistently underscored the view that sustainability is not merely an auxiliary component but a central aspect of maritime education and leadership. This alignment suggests that the maritime industry recognizes the urgency of addressing environmental challenges and fostering safety cultures through systematic education and leadership initiatives. While all stakeholders emphasized the value of sustainability, slight discrepancies emerged regarding the depth of its integration, particularly in workforce development, where some educators expressed concerns about gaps in environmental responsibility training (Johnston & Marshall, 2020; Pantouvakis & Vlachos, 2020).

These findings partially address the research objective of identifying potential misalignments between educational content and industry needs. Although the results generally suggest that educational programs are responsive to sustainability imperatives, the perspectives of some lecturers highlight areas for improvement, particularly in reinforcing safety and environmental training within workforce development curricula. This nuanced outcome indicates that, while progress is evident, the journey toward fully sustainable maritime practices remains ongoing.

### **Interpreting the Meaning and Importance of Findings**

The research findings reveal critical insights into the evolving landscape of maritime education and leadership. The prominence of sustainability within curricula and leadership programs reflects broader global trends aimed at reducing environmental impact and enhancing safety at sea. These results are particularly significant as they illustrate how the maritime sector is proactively responding to external pressures, including regulatory changes, climate change imperatives, and the increasing importance of green shipping initiatives.

One of the most striking findings is the consensus regarding the role of leadership in driving sustainability. Participants highlighted how effective leadership not only shapes organizational culture but also influences the behavior of maritime professionals and students. This underscores the importance of integrating sustainability into leadership development programs, ensuring that future maritime leaders possess the competencies needed to foster safety and environmental responsibility.

Equally important is the acknowledgment by graduates and lecturers that workforce development plays a crucial role in translating sustainability principles into practical maritime operations (Agrifoglio et al., 2017; Mallam et al., 2019). The positive reception of sustainability-focused training programs suggests that vocational institutions are gradually aligning their offerings with the evolving needs of the maritime industry. This shift is critical, as the maritime workforce must be prepared to navigate increasingly stringent environmental regulations and operational requirements.

However, the findings also highlight areas where further refinement is necessary. For instance, while workforce development initiatives are largely aligned with sustainability goals, certain gaps remain in how safety culture and environmental responsibility are emphasized. These gaps, though not pervasive, indicate the need for



more comprehensive training that addresses the full spectrum of sustainability challenges faced by maritime professionals.

### **Comparison to Systematic Literature Review**

The findings from the qualitative analysis align closely with the results of the SLR, reinforcing the idea that sustainability is becoming an integral part of maritime education and leadership. The literature consistently emphasized the growing role of sustainability in shaping maritime practices, with particular attention to leadership development and the integration of environmental responsibility into curricula.

However, the qualitative results reveal subtle yet important differences from the literature review. While the SLR indicated widespread acknowledgment of sustainability within academic frameworks, some educators and graduates expressed concerns about the uneven implementation of sustainability principles in workforce development. This discrepancy suggests that, although sustainability is recognized at the theoretical level, translating these principles into practical workforce training remains an ongoing challenge.

One possible explanation for these differences lies in the diverse institutional contexts represented in the study. Some vocational institutions may be more advanced in integrating sustainability principles, while others may still be in the early stages of adopting such frameworks. Additionally, variations in leadership styles and institutional priorities could contribute to inconsistencies in how sustainability is embedded within educational programs.

Despite these differences, the overall alignment between the SLR and qualitative findings highlights the maritime sector's collective recognition of sustainability as a cornerstone of future development. This convergence reinforces the validity of the research and underscores the importance of fostering collaboration between academic institutions, industry leaders, and policymakers to ensure uniform progress in sustainability integration.

### **Practical Implications and Future Directions**

The findings of this research have significant practical implications for maritime education, leadership, and workforce development. One immediate application is the refinement of educational curricula to place greater emphasis on environmental responsibility and safety culture. By integrating sustainability more deeply into

vocational training programs, maritime institutions can ensure that graduates are well-prepared to navigate the evolving demands of the industry.

Leadership development programs also stand to benefit from these findings. Maritime leaders play a critical role in shaping organizational culture and driving sustainable practices, making it essential for leadership training to incorporate sustainability principles as core competencies. This approach not only enhances the effectiveness of maritime leaders but also fosters a culture of continuous improvement and environmental stewardship.

Furthermore, the study highlights the need for greater collaboration between educational institutions and industry stakeholders. By fostering partnerships and knowledge-sharing initiatives, the maritime sector can accelerate the adoption of sustainable practices and ensure a more cohesive approach to workforce development.

Future research could explore the long-term impact of sustainability-focused training programs on maritime operations, examining how such initiatives influence safety performance, environmental outcomes, and economic efficiency. Additionally, studies could investigate the role of emerging technologies, such as digital simulation and virtual reality, in enhancing sustainability training for maritime professionals.

The discussion of this research illustrates the transformative potential of integrating sustainability into maritime education, leadership, and workforce development. By aligning the qualitative findings with the insights from the SLR, the study highlights both the progress made and the challenges that remain in fostering sustainable maritime practices. This research not only contributes to the academic discourse on maritime sustainability but also offers practical recommendations that can drive meaningful change within the industry. As the maritime sector continues to evolve, the insights gained from this study will serve as valuable guiding principles in shaping the next generation of maritime professionals and leaders.

#### **4. CONCLUSION**

This research highlights the growing significance of sustainability within maritime education, leadership, and workforce development. The qualitative analysis, supported by a systematic literature review, underscores that sustainability is increasingly recognized as essential for fostering safety, environmental responsibility, and long-term resilience in the maritime sector. Insights from maritime professionals, educators, and graduates reveal that while substantial progress has been made in

integrating sustainability principles, certain gaps persist in workforce training and the practical application of environmental initiatives. The research demonstrates that leadership plays a pivotal role in embedding sustainability within maritime organizations, shaping cultures that prioritize safety and environmental stewardship. Maritime education institutions are evolving, placing greater emphasis on sustainability within their curricula to prepare future leaders and seafarers for the challenges posed by regulatory changes and the global shift toward green shipping. This study addresses critical gaps in previous research by providing empirical evidence that links theoretical sustainability frameworks with practical experiences in maritime training and leadership. It offers actionable insights for policymakers, educators, and industry leaders, advocating for enhanced collaboration and curriculum development to ensure cohesive progress. As the maritime sector navigates an era of transformation, the findings contribute to shaping sustainable practices that can drive industry-wide change, fostering a workforce that is not only technically proficient but also environmentally conscious and safety-driven.

## **LIMITATION**

One of the key contributions of this research is its ability to fill gaps identified in the literature concerning the practical application of sustainability principles in maritime education and leadership. While previous studies have often focused on the theoretical dimensions of sustainability, this research bridges the gap by providing empirical insights from maritime professionals, lecturers, and graduates (Dyagileva et al., 2020). The study highlights the practical challenges faced by educators and industry leaders in aligning workforce development with sustainability goals. This empirical perspective adds depth to the existing body of knowledge, offering actionable insights that can inform policy development and educational reform (Clark, 2022; Paul et al., 2022). Additionally, by incorporating the perspectives of graduates, the research provides a unique lens on how sustainability training translates into real-world maritime operations.

However, the study also acknowledges certain limitations. The relatively small sample size, while providing rich qualitative insights, may not fully capture the diversity of experiences across the maritime sector. Future research could expand the participant pool to include a broader range of stakeholders, including policymakers and environmental regulators, to gain a more comprehensive understanding of sustainability integration.

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